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ROYAL LEPAGE  
K E L O W N A

OCT.  
2017

### Residential Sales by Price (Year To Date)

Price Range	2017	2016
\$0 to \$200,000	4	7
\$200,000 to \$240,000	3	13
\$240,000 to \$280,000	13	28
\$280,000 to \$320,000	13	46
\$320,000 to \$360,000	35	92
\$360,000 to \$400,000	50	186
\$400,000 to \$440,000	99	247
\$440,000 to \$480,000	138	278
\$480,000 to \$520,000	172	258
\$520,000 to \$560,000	202	274
\$560,000 to \$600,000	208	262
\$600,000 to \$999,999	996	860
\$1 Million and over	174	147

### Real Estate Stats Last Month

Average house price last month	710,578	623,063
Median house price last month	625,000	574,700
Average Mobile Home price	123,295	141,900
Houses listed	386	375

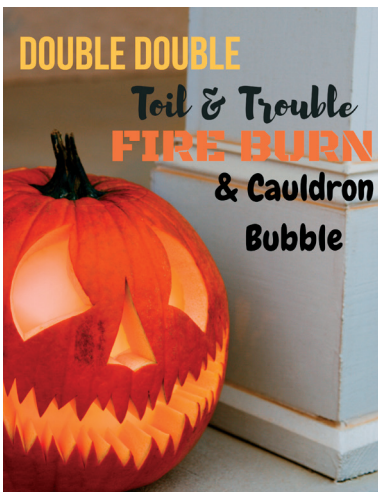
### Residential Sales (Year To Date)

Type	2017	2016
Acreage/House	98	135
Townhouse	779	869
Condo	1,303	1,306
Lots	365	348
Mobile Homes	201	264
Residential	2,107	2,698
Residential (Waterfront)	28	68
<b>TOTAL</b>	<b>4881</b>	<b>5688</b>

### Active Listings

Res	Mobiles	Strata	Lots
961	68	596	350

Okangan Mainline Real Estate Board Stats



# The Real Estate Report

## The Surprising Power of Thanksgiving

*A little gratitude can make a big difference this holiday season*

Thanksgiving. That time of year when many gather for huge feasts and family fun. Yet, an almost forgotten part of the holiday can unlock a hidden power in your life. Taking time to think about what you are thankful has been proven to be a surprisingly effective way to boost your mood – and your mental health. Here are 3 benefits that you can see in your life from the surprising power of thanksgiving:

### 1. Change your brain

Doctors recommend a daily practice of gratitude to help combat depression. In fact, just the action of trying to think of something you are grateful for, even if you come up blank, has been shown to change your brain chemistry in a positive way. People who focus on what they are thankful for tend to decrease their anxiety and increase their well being

### 2. Shift your focus

In the busyness of life, it can be overwhelming to navigate the balance between being and doing. As the pressures mount, managing work, family and more can cause one to become quite insular in focus. Choosing to set aside some space for thankfulness can put things into perspective and help you look beyond yourself.

### 3. Meaning deficit

With the “season of giving” fast approaching, many have commented that it seems more commercialized and egocentric each year. In our culture there is a great deficit of meaning even as we aim to secure the life we’ve always wanted. Gratitude combats this directly by increasing the meaning in our interactions. And making it a daily practice causes us to recognize all the little things around us that we often take for granted and not just the big things like our family and health.

